

Lineham Farm Children's Centre – Activity Risk Assessment

Activity : Cycling

Location: Lineham Farm Woods

Hazard	F	S	R	Action Taken	F	S	R
User	3	5	15	Clear safety talk/rules (no stunts). Cycle test for riders.	1	5	5
Participants' known medical condition, e.g. asthma, hay fever, allergy	2	5	10	Check medical forms, relevant preventative medication to be taken before session, reliever medication to be carried at all times, e.g. asthma inhalers, epipen	2	1	2
Cycling/falling	3	3	9	Maintain control – keep a safe distance. Wear helmet.	1	3	3
Weather conditions	2	3	6	Suitable clothing and group control	1	1	1
Lightning	1	5	5	See Risk Assessment 36 - Lightning	1	4	4
Fatigue	2	3	6	Regular stops plus food and drink	1	1	1
Equipment failure	3	5	15	Regular maintenance	1	5	5
Accidents	3	3	9	First aid qualification, contact with Centre	3	3	9
Missing person	1	5	5	Apply missing person procedure	1	5	5
Bridges – slippery	5	3	15	Instruct group to ride over chicken wire + to ride slowly over bridges	1	3	3
Wetlands/water	2	5	10	Supervisor to be located at the point that the track is nearest to the Wetland and clear instructions to stay on track/away from Wetlands.	1	5	5
Unsafe trees	3	5	15	Ensure route is safe/liase with relevant staff.	1	5	5

Maximum Supervision Ratio: 1 : 10 + supporting adult who must be a competent cyclist

First Aid Kit Carried? YES

Supervisor Qualification: OTC Trail Leader/MIAS level 2 or LEA Registration for MTB and 1st aid qualification

Essential Safety Equipment: Helmets.

Other Comments: Leader to follow operating procedures for this activity. Leader to carry a mobile phone.

Manager Approval: T. Glindon

Reviewed 04.02.18

Vince Foster

Reviewed 12/09/18

P Winterbottom

Reviewed 03/10/2019

T Glindon

Review date (12 months or following any significant change or an incident)

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Frequency Rating (F)

1 = Extremely unlikely to happen, risk will be encountered very occasionally (if ever) but is still worth consideration.

2 =

3 =

4 =

5 = Extremely likely to happen, risk will be encountered most times the activity is run.

Severity Rating (S)

1 = Bruises, minor cuts, abrasion.

2 = Sprains, burns, cuts.

3 = Broken bones, head injuries, damage to sight/hearing.

4 = Severe head injury, multiple fracture, amputation.

5 = Death, severe disability.

Risk (r)

r = F x S