

## Lineham Farm Children's Centre – Activity Risk Assessment

**Activity : Cycling**

**Location: Disabled bikes – Playbarn**

<b>Hazard</b>	<b>F</b>	<b>S</b>	<b>r</b>	<b>Action Taken</b>	<b>F</b>	<b>S</b>	<b>R</b>
User	3	5	15	Clear safety talk/rules. Cycle test for riders.	1	5	5
Participants' known medical condition, e.g. asthma, hay fever, allergy	2	5	10	Check medical forms, relevant preventative medication to be taken before session, reliever medication to be carried at all times, e.g. asthma inhalers, epipen	2	1	2
Fatigue	1	3	3	Regular stops plus food and drink	1	1	1
Equipment failure	3	5	15	Maintenance on bikes prior and after use	1	5	5
Accidents	3	5	15	First aid qualification, contact with Centre	3	5	15
Cycling/falling	3	5	15	Maintain group control. Keep a safe distance. Direction of travel and wear a helmet.	1	5	5
Incorrect use of equipment	3	5	15	Ensure safety straps are used, foot restraints if required.	1	5	5
Other equipment e.g. archery and climbing wall	3	5	15	Explain no-go areas. Where possible move equipment out of the way	1	5	5

Maximum Supervision Ratio: 2 : 4 + supporting adult who must be a competent cyclist

First Aid Kit Carried? YES

Supervisor Qualification: LEA Registration/In-house training and 1<sup>st</sup> aid training

Essential Safety Equipment: Helmets gloves safety rucksack

Other Comments: Leader to carry a mobile phone. Leader to follow operating procedures for this activity.

<b>Manager Approval:</b>	<b>T Glindon</b>
<b>Reviewed 25.10.16</b>	<b>Giles Green</b>
<b>Reviewed 12/09/18</b>	<b>Paul Winterbottom</b>
<b>Reviewed 04/10/20</b>	<b>Tamzin Glindon</b>

**Review date (12 months or following any significant change or an incident)**

### **Frequency Rating (F)**

1 = Extremely unlikely to happen, risk will be encountered very occasionally (if ever) but is still worth consideration.

2 =

3 =

4 =

5 = Extremely likely to happen, risk will be encountered most times the activity is run.

### **Severity Rating (S)**

1 = Bruises, minor cuts, abrasion.

2 = Sprains, burns, cuts.

3 = Broken bones, head injuries, damage to sight/hearing.

4 = Severe head injury, multiple fracture, amputation.

5 = Death, severe disability.

### **Risk (r)**

**r = F x S**