

Hazard	Who?	Risk Rating	Control Measures	Outcome
Discomfort or injury from cold/wet conditions	All	High	Check all are suitably dressed prior to starting the activity. High insulation layers, waterproof and windproof outers - tops and bottoms, hat and gloves. Wellington or snow boots. Take hot drinks and snacks and walking Emergency rucksack with storm shelter. Abort activity if weather becomes extreme.	Low
Injury from foreign bodies eg stones, branches on slope.	Participants	Medium	Inspection beforehand and hazards removed.	Low
Injury from sharp plastic on broken sledge	Participants	Medium	Inspect before use and during activity. Participants told to inform instructor if a sledge breaks.	Low
Crash injury	Participants	High	Instruct how to sit for balance, how to guide sledge and stop it by using feet, how to bale out and only allow one participant on a run at once. Instructor or assistant placed at bottom of runs to catch any participant going off course. Have clear, separate route back to top of sledge run and ensure participants use it.	Low
Injury from actions of other participants.	All	Medium	Ground rules regarding behaviour made clear at start of activity. Instructors to watch out for any pushing, kicking or throwing snow or any other silly behaviour and stop it at once.	Low
Participants' known medical condition, e.g. asthma, hay fever, allergy	Participants	High	Check medical forms, relevant preventative medication to be taken before session, reliever medication to be carried at all times, e.g. asthma inhalers, epipen	Low
Lightning	All	High	See Risk Assessment 36 - Lightning	Low

This Risk Assessment is for sledging at Lineham (see Operating Procedures) other venues would need to be separately risk-assessed building on this one.

Maximum Ratio 1:16 + appropriate adult(eg school staff)

**First Aid and mobile phone to be carried, plus walking safety sack and group shelter
Other comments Leader to follow operating procedures for this activity.**

Manager Approval: (Head of Centre) Tamzin Glindon

Reviewed 25.10.16 Giles Green

Reviewed 13/02/2018 Tamzin Glindon

Reviewed 07/09/2018 Tamzin Glindon

Reviewed 03/10/2019 Tamzin Glindon

Review date (12 months or following any significant change or an incident)