

Lineham Farm Children's Centre – Activity Risk Assessment

Activity: all

Location: Lineham Farm and Local Area

Hazard	F	S	R	Action Taken	F	S	R
Lightning	1	5	5	<p>Lightning can strike the same place repeatedly, especially tall, pointed, isolated objects, so avoid being at or near the tallest point.</p> <p>Seek shelter inside a completely enclosed building or a hard-topped all-metal vehicle.</p> <p>Avoid fences or exposed metal sheds.</p> <p>Abandon exposed pointed metal items like walking sticks or rucksacks.</p> <p>If there is no shelter you should keep moving. If you become the tallest object, crouch in the open twice as far away from the nearest pointed object as it is tall. Make yourself as small as possible, stay on your toes and keep your heels together as it will allow electricity to go up one foot, through the heels and back into the ground through the other.</p> <p>Avoid standing in water, even if wearing rubber boots (they offer no protection).</p> <p>If in a group move several yards away from each other.</p> <p>It is safe to touch someone who has been struck by lightning and provide them with CPR and First Aid.</p> <p>The standard lightning safety guide is the 30-30 rule. The first 30 represents 30 seconds. If the time between when you see the flash and hear the thunder is 30 seconds or less, the lightning is close enough to hit you. After the last flash of lightning, wait 30 minutes (the second 30) before leaving your shelter.</p>	1	4	4

For more information see: <http://www.ramblers.org.uk/advice/safety/thunder-and-lightning.aspx#sthash.54WRYLQB.dpuf>

Risk Assessor Signature: Tamzin Glindon **Date:** 03.10.19

Reviewed K. Needham 05/09/18

Reviewed T. Glindon 03/10/19

Review date (12 months or following any significant change or an incident)

Frequency Rating (F)

1 = Extremely unlikely to happen, risk will be encountered very occasionally (if ever) but is still worth consideration.

2 =

3 =

4 =

5 = Extremely likely to happen, risk will be encountered most times the activity is run.

Severity Rating (S)

1 = Bruises, minor cuts, abrasion.

2 = Sprains, burns, cuts.

3 = Broken bones, head injuries, damage to sight/hearing.

4 = Severe head injury, multiple fracture, amputation.

5 = Death, severe disability.

Risk (r)

$$r = F \times S$$